

## Lesson Plan Template

<b>Grade: 10</b>		<b>Subject: Physical Education</b>	
<b>Materials: volleyball nets, nitroball</b>		<b>Technology Needed: Phone for music</b>	
<b>Instructional Strategies:</b> <input type="checkbox"/> Direct instruction <input type="checkbox"/> Peer teaching/collaboration/ <input type="checkbox"/> Guided practice              cooperative learning <input type="checkbox"/> Socratic Seminar <input type="checkbox"/> Visuals/Graphic organizers <input type="checkbox"/> Learning Centers <input type="checkbox"/> PBL <input type="checkbox"/> Lecture <input type="checkbox"/> Discussion/Debate <input type="checkbox"/> Technology integration <input type="checkbox"/> Modeling <input type="checkbox"/> Other (list)		<b>Guided Practices and Concrete Application:</b> <input type="checkbox"/> Large group activity <input type="checkbox"/> Hands-on <input type="checkbox"/> Independent activity <input type="checkbox"/> Technology integration <input type="checkbox"/> Pairing/collaboration <input type="checkbox"/> Imitation/Repeat/Mimic <input type="checkbox"/> Simulations/Scenarios <input type="checkbox"/> Other (list) Explain: Students will be placed on teams to play the game of nitroball	
<b>Standard(s)</b> <b>S2.H2.L1:</b> Applies movement concepts to analyze and improve performance of self and/or others in a self-selected skill in lifetime activities.		<b>Differentiation</b> <b>Below Proficiency:</b> Students have spatial awareness around the gym but have trouble staying on task  <b>Above Proficiency:</b> Students play at a higher competitive rate and are advanced at passing, striking, and returning the ball  <b>Approaching/Emerging Proficiency:</b> Students have a good understanding of the game and are able to pass and strike the ball correctly  <b>Modalities/Learning Preferences:</b>	
<b>Objective(s)</b> TLW learn the fundamentals of the game of nitro ball TLW develop team skills  <b>Bloom's Taxonomy Cognitive Level:</b> comprehension, application, synthesis			
<b>Classroom Management- (grouping(s), movement/transitions, etc.)</b> Students will arrive in the gym and listen to directions on how to play nitroball. Students will then be paired into teams and compete against their classmates.			
<b>Behavior Expectations- (systems, strategies, procedures specific to the lesson, rules and expectations, etc.)</b>		Students will respectively follow the rules of the game, play fair, and not talk back or argue.	
<b>Minutes</b>	<b>Procedures</b>		
7	<b>Set-up/Prep:</b> <ul style="list-style-type: none"> <li>• Set up nets and bring out nitro balls. Give students enough time to change into gym clothing.</li> </ul>		
4	<b>Engage: (opening activity/ anticipatory Set – access prior learning / stimulate interest /generate questions, etc.)</b> <ul style="list-style-type: none"> <li>• Ask the students how their day is</li> <li>• Ask students if they have ever played nitroball</li> </ul>		
8	<b>Explain: (concepts, procedures, vocabulary, etc.)</b> <ul style="list-style-type: none"> <li>• I will explain the game rules and the objective of the game, and then I will have a few students help demonstrate the way the game is played so they have a better understanding of what it entails.</li> <li>• I will clarify and questions or concerns involving the game.</li> </ul>		
24	<b>Explore: (independent, concrete practice/application with relevant learning task -connections from content to real-life experiences, reflective questions- probing or clarifying questions)</b> <ul style="list-style-type: none"> <li>• I will place students into different teams. Teams will be put together depending on skill level.</li> <li>• I will start the music to let the students know they can play the game of nitro ball</li> <li>• I will watch students interact and make sure they are playing correctly</li> </ul>		
7	<b>Review (wrap up and transition to next activity):</b> <ul style="list-style-type: none"> <li>• Have students help clean up equipment that needs to be put away (balls and nets)</li> <li>• Give students time to change into their school clothes</li> </ul>		
<b>Formative Assessment: (linked to objectives)</b>			

## Lesson Plan Template

Progress monitoring throughout lesson- clarifying questions, check- in strategies, etc.

I will be assessing the students throughout the lesson-clarify any questions, be knowledgeable about the game

Consideration for Back-up Plan: Play trench ball

Summative Assessment (linked back to objectives)

End of lesson:

Students will have worked as a team to effectively score points

If applicable- overall unit, chapter, concept, etc.:

Reflection (What went well? What did the students learn? How do you know? What changes would you make?):

This class was very respectful when listening to directions. Students were extremely competitive and gave their best effort. One thing that I need to work on is being more clear with my directions so students know when and how to rotate. I also need to make sure that I am placing myself in a position that keeps students engaged when explaining directions.